

PRIVATE GYM

RULES OF USE



Please read and follow these guidelines so we can keep the space in excellent condition for everyone.

- Please book every visit and cancel in advance if you are unable to attend.
- Use the door sign in session you can lock the door if you want just obey your booked time
- Return all equipment and accessories to their designated places after use and wipe them down with the provided cleaning wipes.
- Bring a towel and clean training shoes (not the ones you arrived in), or feel free to work out barefoot
- You also have access to the group training studio, restroom facilities, and parking. Please do not enter the room marked "Private".
- Please report any damage to the equipment or the facility. In the event of intentional damage, the user will be responsible for the repair or replacement costs.
- My exercise mats on the top shelf are available for you to borrow. Feel free to use the speakers and adjust the heating or air conditioning to your preferred temperature.
- If you plan to train with a partner, please let me know in advance
- Membership is paid at the beginning of your trainings and it's valid for 30 days



Thank you!

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